



## NRSE 410 Syllabus

### Course Description

*NRSE 410 – Gerontology in Nursing Practice* analyzes the role of the professional nurses in assisting elders to maintain wellness and minimize effects of chronic conditions.

### Prerequisites:

The student must:

- have completed and/or be enrolled concurrently in NRSE 300; and
- hold a current license to practice as a registered nurse (RN).

### Textbooks, Reading Materials, and Resources

Touhy, T., & Jett, K. (2010). *Ebersole and Hess' Gerontological nursing & healthy aging* (3<sup>rd</sup> ed.). St. Louis, MO. ISBN: 9780323057011.

Textbooks available from ED MAP Online Bookstore: <http://www.shop-edmap.biz/oub/>

**Credit Hours:** 4 lecture; 0 clinical

### Course Goals:

Upon completion of this course the student will be able to:

- compare and contrast the major biological, psychological, and sociological theories of aging.
- identify nursing strategies and evidence-based practices that have been used to maintain maximum function and comfort in the older client with a chronic disease.
- explain nursing interventions useful to the promotion of basic biological, psychological and spiritual needs of older adults.
- describe the nursing role of advocacy in relation to legal, health, and economic issues of concern to the aged and to the frail and vulnerable old.

## **NRSE 410 GERONTOLOGY IN NURSING PRACTICE**

- identify the impact of culture and family values in providing quality end-of life care for older persons.
- discuss factors that create a healthy, fulfilling life in later adulthood.

### **Course Organization**

There are five (5) modules in this course. Each module represents one week of activity.

1. Introduction to Gerontological nursing
2. Communication, culture, and documentation of care
3. Changes of aging
4. Coping with chronic disorders in late life
5. Caring for elders and their caregivers